Bibliography on Culture and Mental Health in the Pacific Islands

DONALD RUBINSTEIN
and
GEOFFREY WHITE

Institute of Culture and Communication, East-West Center,
1777 East-West Road, Honolulu, Hawaii 96848

Abstract — A bibliography on culture and mental health in the Pacific islands is presented under nine topics: Alcohol Use, Drug Use, Ethnopsychiatry, Law and Psychiatry, Mental illness, Mental Health Services, Social Change, Suicide, and Violence. A Geographical Index follows the references.

Introduction

This bibliography grows out of work which we are doing on suicide in the Pacific Islands. As a topic of research, suicide intersects with several other academic interests and professional fields, especially culture change, psychiatry, and community mental health services. Recent research and observations of suicide among Pacific island communities reveals distinctive sociocultural patterns in the specific age/sex groups at risk, in the methods typically employed, in the geographical distribution of suicide frequencies, and in the local cultural values dramatized by these suicidal acts. This cultural patterning of the suicide phenomenon shows comparability to other culture-bound psychiatric syndromes, hence our inclusion here of reference to psychiatric epidemiology and descriptions (under “Mental Illness”), and to cultural conceptions of mental illness (“Ethnopsychiatry”) among Pacific island populations. For similar reasons we have included the topics of “Alcohol Use,” “Drug Use,” and “Violence” which share with suicide some culturally-modeled aspects of risk-taking and destructiveness. Alcohol use is especially relevant to adolescent male suicide in parts of the Pacific. Interested readers should consult earlier bibliographies that list references more fully for these topics (Freund and Marshall 1977; Marshall 1974, 1976, 1981a). The section on “Drug Use” includes references on Kava. As in the case of alcohol, we have tried not to duplicate kava citations which are already listed in existing bibliographies on this topic (see Tamson 1973; Freund and Marshall 1977; Singh 1983).

The epidemiological picture of suicide in the Pacific Islands shows not only distinctive sociocultural patterns, but also a striking increase in suicide incidence among certain groups. Hence the suicides must be understood in the context of local
communities and the social changes affecting them. For this reason we include the topic of “Social Change,” specifically as it bears upon mental or emotional disorders, and stress-related disease.

This bibliography is also presented as part of an effort towards contacting and developing a dialogue with Pacific scholars and community workers concerned with these and related topics. In the interest of applying suicide and mental health research towards care and prevention-aimed programs, we have included the section on “Mental Health Services” and “Law and Psychiatry” in the Pacific. We welcome any additional references or corrections from users of this bibliography.

Acknowledgment is gratefully made to the U. S. National Institute of Mental Health, for funding a postdoctoral fellowship (1979–1981) to the first author. Survey research on suicide in Micronesia was conducted under this fellowship, which culminated in a conference on suicide in Truk organized by Rev. Francis Hezel under auspices of the Micronesian Seminar in 1981. We are currently undertaking a three-year study at the East-West Center, also funded by the National Institute of Mental Health, to attempt to answer certain questions posed at that conference. Our approach is to carry out an in-depth ethnographic study in a single community in Micronesia, while also working with other Pacific scholars, through a series of research conferences and workshops on suicide in the Pacific.

We would like to thank Peter Black, Burton G. Burton-Bradley, Paul Dale, Francis Hezel, Patricia Kinloch, Robert Levy, Mac Marshall, H. B. M. Murphy and Kerry Pataki-Schweizer for helpful suggestions and additions to earlier drafts of this bibliography. We are also very much indebted to Andrew Harrison and Michael E. Macmillan for their editorial assistance, and to Jenny Okano for help with typing.

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Research reports, review papers, bibliographies, notes, and book reviews in anthropology and biology are accepted on the bases of their originality and their pertinence to Micronesia and adjacent Pacific areas. Descriptions of new species will be considered formal papers, no matter how short; information on range extensions will be considered notes, no matter how lengthy. The language of publication is English, but summaries in another language are acceptable. Measurements are given in metric. Abstracts must be informative, not indicative. Footnotes are not allowed. Each manuscript received will be acknowledged and reviewed by at least two, usually three, specialists in whose field the paper lies. Authors will be notified as soon as possible on the decision reached. Manuscripts should be sent via airmail to the General Editor, Micronesica, Marine Laboratory, UOG Station, Mangilao, Guam 96913.

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